

ARBOR ASSAYS®  
Interactive Assay Solutions™



**DetectX®**

## **Estrone-3-Sulfate (E1S) Enzyme Immunoassay Kit**

1 Plate Kit Catalog Number K038-H1

5 Plate Kit Catalog Number K038-H5

**Species Independent**

### **Sample Types Validated:**

**Dried Fecal Extracts, Urine,  
Serum/Plasma, and Tissue Culture Media**

Please read this insert completely prior to using the product.  
For research use only. Not for use in diagnostic procedures.

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## TABLE OF CONTENTS

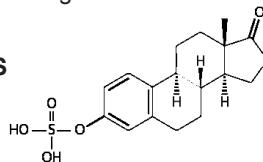
Background	3
Assay Principle	4
Related Products	4
Supplied Components	5
Storage Instructions	5
Other Materials Required	6
Precautions	6
Sample Types	7
Sample Preparation	7
Reagent Preparation	8
Assay Protocol	9
Calculation of Results	10
Typical Data	10-11
Validation Data Sensitivity, Linearity, etc.	11-13
Samples Values and Cross Reactivity	14
Warranty & Contact Information	15
Plate Layout Sheet	16

## BACKGROUND

Estrone-3-sulfate,  $C_{18}H_{22}O_5S$ , (1, 3, 5(10)-Estratrien-3-ol-17-one sulfate, E1S) is synthesized in the fetal or cotyledonary portion of the placentome<sup>1</sup>. Production rates of E1S are high in both males and females, with males producing 77  $\mu g/day$ , and in women in early follicular phase, 95  $\mu g/day$  and in early luteal phase, 182  $\mu g/day$ <sup>2</sup>. Estrone sulfate, present in plasma in a higher concentration than either unconjugated estrone or estradiol in nonpregnant women and men, appears to originate almost entirely from a conjugation of estrone and converted estradiolin nonglandular tissues<sup>3</sup>. Estrone sulfate is only slowly cleared from plasma, thus its concentration does not fluctuate markedly during the day<sup>4,5</sup>.

Estrone sulfate is quantitatively the most important circulating estrogen. In postmenopausal women with breast cancer, estrone sulfate concentrations in plasma have the same order of magnitude. Breast tumors contain sulfatase activity<sup>6</sup> and can convert estrone sulfate into estradiol<sup>7</sup>. Consequently, estrone sulfate provides a continuous supply of estrogens to hormone-responsive tumors.

**Estrone-3-Sulfate, E1S**



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8. Arighi M, Bosu WTK. Comparison of hormonal methods for diagnosis of cryptorchidism in horses. *J. Equine Vet. Sci.* 1989, 9:20-26.
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## ASSAY PRINCIPLE

The DetectX® Estrone-3-Sulfate (E1S) Immunoassay Kit uses a specifically generated antibody to measure E1S in a variety of matrices, including serum, plasma, urine and fecal samples. The kit will quantitatively measure E1S present in diluted buffer samples and tissue culture media samples. Please read the complete kit insert before performing this assay. An E1S standard is provided to generate a standard curve for the assay and all samples should be read off the standard curve. Standards or diluted samples are pipetted into a clear microtiter plate coated with an antibody to capture rabbit antibodies. An E1S-peroxidase conjugate is added to the standards and samples in the wells. The binding reaction is initiated by the addition of a polyclonal antibody to E1S to each well. After a 2 hour incubation the plate is washed and substrate is added. The substrate reacts with the bound E1S-peroxidase conjugate. After a short incubation, the reaction is stopped and the intensity of the generated color is detected in a microtiter plate reader capable of measuring 450 nm wavelength. The concentration of the E1S in the sample is calculated, after making suitable correction for the dilution of the sample, using software available with most plate readers.

## RELATED PRODUCTS

Kits	Catalog No.
<b>17-Hydroxyprogesterone ELISA Kits</b>	K053-H1/H5
<b>Aldosterone ELISA &amp; Chemiluminescent ELISA Kits</b>	K052-H1/H5, K052-C1/C5
<b>Allopregnanolone ELISA Kits</b>	K061-H1/H5
<b>Ceruloplasmin Colorimetric Activity Kit</b>	K035-H1
<b>Dehydro-epiandrosterone sulfate (DHEA-S) ELISA Kits</b>	K054-H1/H5
<b>Estradiol Non-Invasive &amp; Serum ELISA Kits</b>	K030-H1/H5, KB30-H1/H5
<b>Estrone ELISA Kits</b>	K031-H1/H5
<b>Estrone-3-Glucuronide (E1G) ELISA Kits</b>	K036-H1/H5
<b>Levonorgestrel ELISA Kits</b>	K058-H1/H5
<b>Oxytocin ELISA &amp; Chemiluminescent ELISA Kits</b>	K048-H1/H5
<b>PGFM (13,14-dihydro-15-keto-Prostaglandin F2<sub>alpha</sub>) ELISA Kits</b>	K022-H1/H5
<b>Pregnandiol 3-Glucuronide (PDG) ELISA Kits</b>	K037-H1/H5
<b>Progesterone ELISA Kits</b>	K025-H1/H5
<b>Progesterone Metabolites ELISA Kits</b>	K068-H1/H5
<b>Prolactin ELISA Kit</b>	K040-H1
<b>Testosterone ELISA Kits</b>	K032-H1/H5, K080-H1/H5
<b>Urinary Creatinine Detection Kit</b>	K002-H1/H5

## SUPPLIED COMPONENTS

### Coated Clear 96 Well Plates

Clear 1 by 8 break-apart strip well plastic microtiter plate(s) coated with goat anti-rabbit IgG.  
Kit K038-H1 or -H5      1 or 5 Each      Catalog Number X016-1EA

### Estrone-3-Sulfate (E1S) Standard

Estrone-3-Sulfate (E1S) at 40,000 pg/mL in a special stabilizing solution.  
Kit K038-H1 or -H5      125  $\mu$ L or 625  $\mu$ L      Catalog Number C135-125UL or -625UL

### DetectX® Estrone-3-Sulfate (E1S) Antibody

A rabbit polyclonal antibody specific for Estrone-3-Sulfate.  
Kit K038-H1 or -H5      3 mL or 13 mL      Catalog Number C133-3ML or -13ML

### DetectX® Estrone-3-Sulfate (E1S) Conjugate **Must be stored at -20°C.**

An Estrone-3-Sulfate-peroxidase conjugate in a special stabilizing solution.  
Kit K038-H1 or -H5      3 mL or 13 mL      Catalog Number C134-3ML or -13ML

### Assay Buffer Concentrate

A 5X concentrate that should be diluted with deionized or distilled water.  
Kit K038-H1 or -H5      28 mL or 55 mL      Catalog Number X065-28ML or -55 ML

### Dissociation Reagent

Dissociation Reagent is to be used only with Serum and Plasma samples.  
Kit K038-H1 or -H5      1 mL or 5 mL      Catalog Number X017-1ML or -5ML

### Wash Buffer Concentrate

A 20X concentrate that should be diluted with deionized or distilled water.  
Kit K038-H1 or -H5      30 mL or 125 mL      Catalog Number X007-30ML or -125ML

### TMB Substrate

Kit K038-H1 or -H5      11 mL or 55 mL      Catalog Number X019-11ML or -55ML

### Stop Solution

A 1M solution of hydrochloric acid. **CAUSTIC.**  
Kit K038-H1 or -H5      5 mL or 25 mL      Catalog Number X020-5ML or -25ML

### Plate Sealer

Kit K038-H1 or -H5      1 or 5 Each      Catalog Number X002-1EA

## STORAGE INSTRUCTIONS

**The unopened kit must be stored at -20°C. Once opened the kit can be stored at 4°C up to the expiration date on the kit label, except for the [Estrone-3-Sulfate \(E1S\) Conjugate](#). This must be stored at -20°C.**

## OTHER MATERIALS REQUIRED

Distilled or deionized water.  
Polypropylene or glass test tubes.  
Ethanol for extraction of fecal material.  
Repeater pipet with disposable tips capable of dispensing 25, 50, and 100  $\mu$ L.  
A microplate shaker.  
Colorimetric 96 well microplate reader capable of reading optical density at 450 nm.  
A Speedvac/centrifugal concentrator or  $N_2$  gas and gas manifold for evaporation.  
Software for converting raw relative optical density readings from the plate reader and carrying out four parameter logistic curve (4PLC) fitting. Contact your plate reader manufacturer for details.

## PRECAUTIONS

As with all such products, this kit should only be used by qualified personnel who have had laboratory safety instruction. The complete insert should be read and understood before attempting to use the product.

The antibody coated plate needs to be stored desiccated. The silica gel pack included in the foil ziploc bag will keep the plate dry. The silica gel pack will turn from blue to pink if the ziploc has not been closed properly.

This kit utilizes a peroxidase-based readout system. Buffers, including other manufacturers' Wash Buffers, containing sodium azide will inhibit color production from the enzyme. Make sure **all** buffers used for samples are **azide free**. Ensure that any plate washing system is rinsed well with deionized water prior to using the supplied Wash Buffer as prepared on page 8.

The Stop Solution is acid. The solution should not come in contact with skin or eyes. Take appropriate precautions when handling this reagent.

## SAMPLE TYPES

This assay has been validated for serum, plasma, fecal, urine and tissue culture samples. Samples containing visible particulate should be centrifuged prior to using. Estrone-3-sulfate can be assayed in solid sample types by using one of the extraction protocols available on our website at: [www.ArborAssays.com/resources/#protocols](http://www.ArborAssays.com/resources/#protocols).

Estrone-3-sulfate (E1S) is identical across all species and we expect this kit to measure estrone-3-sulfate from all sources. The end user should evaluate recoveries of E1S in other sample matrices being tested.

## SAMPLE PREPARATION

Serum and plasma samples need to be treated with the supplied Dissociation Reagent. Addition of this reagent will yield the total E1S concentration in serum or plasma. **Dissociation Reagent is to be used only with Serum and Plasma samples.**

### Serum and Plasma Samples

Allow the Dissociation Reagent to warm completely to room temperature before use. We suggest pipetting 5  $\mu$ L of Dissociation Reagent into 1 mL Eppendorf tubes. Add 5  $\mu$ L of serum or plasma to the Dissociation Reagent in the tube, vortex gently and incubate at room temperature for 5 minutes or longer. Dilute with 490  $\mu$ L of diluted Assay Buffer. This 1:100 dilution can be diluted further with diluted Assay Buffer. Final serum and plasma dilutions should be  $\geq$  1:100.

**NOTE: Dissociation Reagent is to be used only with Serum and Plasma samples.**

### Dried Fecal Samples

We have a detailed Extraction Protocol available on our website at: [www.ArborAssays.com/resources/#protocols](http://www.ArborAssays.com/resources/#protocols). The ethanol concentration in the final Assay Buffer dilution added to the well should be < 1%.

### Urine Samples

Urine samples should be diluted  $\geq$  1:8 with the provided Assay Buffer. For comparison to creatinine as a urine volume marker please see our NIST-calibrated 2 plate and 10 plate Urinary Creatinine Detection kits, K002-H1 and K002-H5.

### Tissue Culture Media

For measuring estrone-3-sulfate in tissue culture media (TCM), samples should be read off a standard curve generated in TCM. Samples may need to be diluted further in TCM.

**Use all samples within 2 hours of preparation.**

## REAGENT PREPARATION

Allow the kit reagents to come to room temperature for 30 minutes. Ensure that all samples have reached room temperature and have been diluted as appropriate prior to running them in the kit.

### Assay Buffer

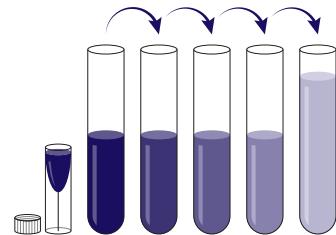
Dilute Assay Buffer Concentrate 1:5 by adding one part of the concentrate to four parts of deionized water. Once diluted this is stable at 4°C for 3 months.

### Wash Buffer

Dilute Wash Buffer Concentrate 1:20 by adding one part of the concentrate to nineteen parts of deionized water. Once diluted this is stable at room temperature for 3 months.

### Standard Preparation

Label test tubes as #1 through #6. Pipet 450  $\mu$ L of Assay Buffer into tube #1 and 300  $\mu$ L into tubes #2 to #6. **The Estrone-3-Sulfate stock solution contains an organic solvent. Prerinse the pipet tip several times to ensure accurate delivery.** Carefully add 50  $\mu$ L of the estrone-3-sulfate stock solution to tube #1 and vortex completely. Take 200  $\mu$ L of the estrone-3-sulfate solution in tube #1 and add it to tube #2 and vortex completely. Repeat the serial dilutions for tubes #3 through #6. The concentration of estrone-3-sulfate in tubes 1 through 6 will be 4,000, 1,600, 640, 256, 102.4, and 40.96 pg/mL.



**Use all Standards within 2 hours of preparation.**

	Std 1	Std 2	Std 3	Std 4	Std 5	Std 6
<b>Assay Buffer (<math>\mu</math>L)</b>	<b>450</b>	300	300	300	300	300
<b>Addition</b>	Stock	Std 1	Std 2	Std 3	Std 4	Std 5
<b>Vol of Addition (<math>\mu</math>L)</b>	<b>50</b>	200	200	200	200	200
<b>Final Conc (pg/mL)</b>	4,000	1,600	640	256	102.4	40.96

## ASSAY PROTOCOL

We recommend that all standards and samples be run in duplicate to allow the end user to accurately determine E1S concentrations.

1. Use the plate layout sheet on the back page to aid in proper sample and standard identification. Determine the number of wells to be used and return unused wells to the foil pouch with desiccant. Seal the ziploc plate bag and store at 4°C.
2. Pipet 50 µL of samples or standards into wells in the plate.
3. Pipet 75 µL of Assay Buffer into the non-specific binding (NSB) wells.
4. Pipet 50 µL of Assay Buffer into the maximum binding (B0 or Zero standard) wells.
5. Add 25 µL of the DetectX® Estrone-3-Sulfate Conjugate to each well using a repeater pipet.
6. Add 25 µL of the DetectX® Estrone-3-Sulfate Antibody to each well, **except the NSB wells**, using a repeater pipet.
7. Gently tap the sides of the plate to ensure adequate mixing of the reagents. Cover the plate with the plate sealer and shake at room temperature for 2 hours. We recommend shaking at around 700–900 rpm. If the plate is not shaken, signals bound will be approximately 35% lower.
8. Aspirate the plate and wash each well 4 times with 300 µL wash buffer. Tap the plate dry on clean absorbent towels.
9. Add 100 µL of the TMB Substrate to each well, using a repeater pipet.
10. Incubate the plate at room temperature for 30 minutes without shaking.
11. Add 50 µL of the Stop Solution to each well, using a repeater pipet.
12. Read the optical density generated from each well in a plate reader capable of reading at 450 nm.
13. Use the plate reader's built-in 4PLC software capabilities to calculate estrone-3-sulfate (E1S) concentration for each sample.

**NOTE:** *If you are using only part of a strip well plate, at the end of the assay throw away the used wells and retain the plate frame for use with the remaining unused wells.*

## CALCULATION OF RESULTS

Average the duplicate OD readings for each standard and sample. Create a standard curve by reducing the data using the 4PLC fitting routine on the plate reader, after subtracting the mean OD's for the NSB. The sample concentrations obtained, calculated from the %B/B0 curve, should be multiplied by the dilution factor to obtain neat sample values.

Or use the online tool from MyAssays to calculate the data:

[www.myassays.com/arbor-assays-estrone-3-sulfate-\(e1s\)-eia-kit.assay](http://www.myassays.com/arbor-assays-estrone-3-sulfate-(e1s)-eia-kit.assay)

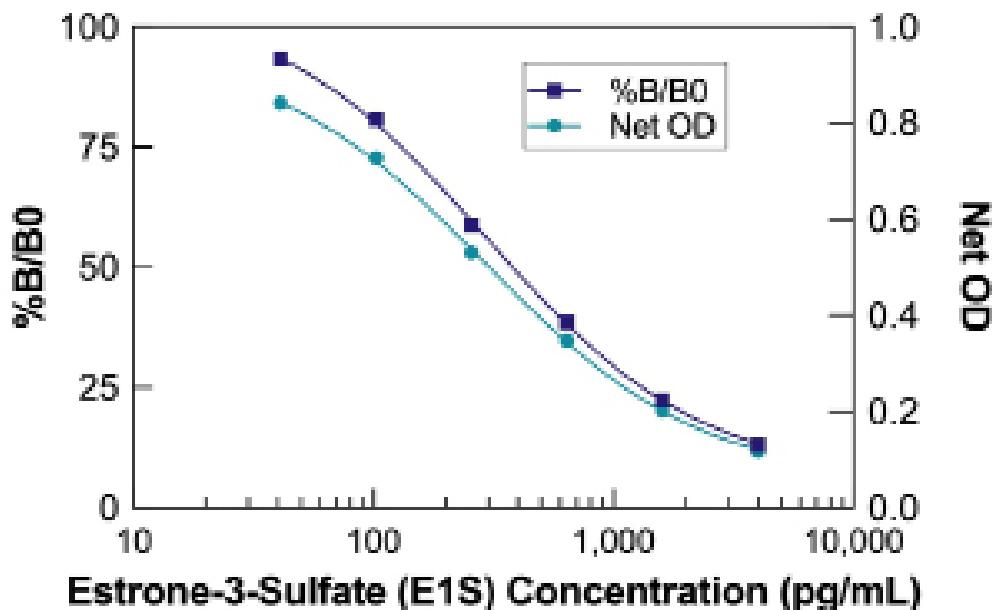
### TYPICAL DATA

Sample	Mean OD	Net OD	% B/B0	E1S Conc. (pg/mL)
NSB	0.047	0.000	-	-
Standard 1	0.165	0.118	13.1	4,000
Standard 2	0.249	0.202	22.4	1,600
Standard 3	0.394	0.347	38.5	640
Standard 4	0.577	0.530	58.8	256
Standard 5	0.775	0.728	80.8	102.4
Standard 6	0.888	0.841	93.3	40.96
B0	0.948	0.901	100.0	0
Sample 1	0.475	0.428	47.5	423.9
Sample 2	0.678	0.631	70.0	165.5

**Always run your own standard curve for calculation of results. Do not use this data.**

**Conversion Factor: 100 pg/mL of E1S is equivalent to 268.5 pM.**

## Typical Standard Curves



Always run your own standard curves for calculation of results. Do not use this data.

## VALIDATION DATA

### Sensitivity and Limit of Detection

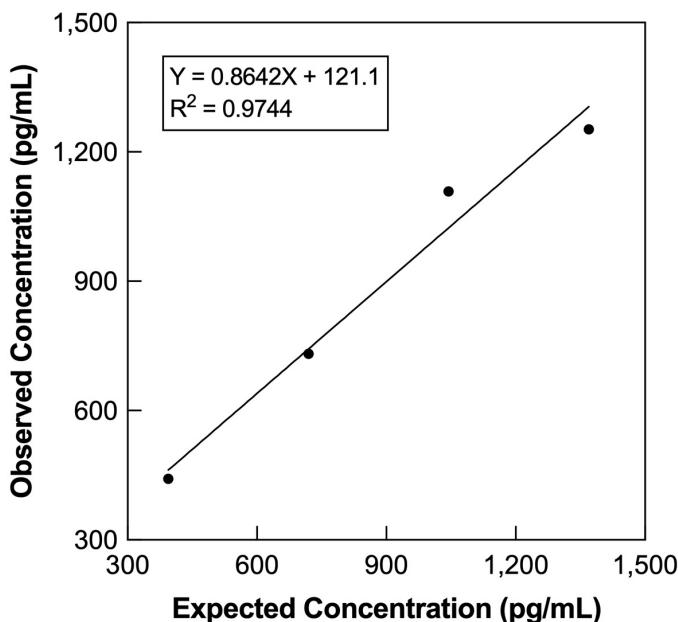
Sensitivity was calculated by comparing the OD's for twenty wells run for each of the B0 and standard #6. The detection limit was determined at two (2) standard deviations from the B0 along the standard curve. **Sensitivity was determined as 26.4 pg/mL.**

The Limit of Detection for the assay was determined in a similar manner by comparing the OD's for twenty runs for each of the zero standard and a low concentration equine serum sample. **Limit of Detection was determined as 54.6 pg/mL.**

## Linearity

Linearity was determined by taking two equine serum samples treated with an equal volume of Dissociation Reagent and further diluting  $\geq 1:50$  with Assay Buffer, one with a low diluted estrone-3-sulfate (E1S) level of 69.4 pg/mL and one with a higher diluted level of 1,694.7 pg/mL, and mixing them in the ratios given below. The measured concentrations were compared to the expected values based on the ratios used.

High Serum	Low Serum	Expected Conc. (pg/mL)	Observed Conc. (pg/mL)	% Recovery
80%	20%	1,369.6	1,252.3	91.4
60%	40%	1,044.6	1,108.0	106.1
40%	60%	719.5	731.8	101.7
20%	80%	394.5	441.4	111.9
<b>Mean Recovery</b>				<b>102.8%</b>



## Intra Assay Precision

Three serum samples treated with Dissociation Reagent and diluted with Assay Buffer were run in replicates of 20 in an assay. The mean and precision of the calculated estrone-3-sulfate (E1S) concentrations were:

Sample	E1S Conc. (pg/mL)	%CV
1	1,051.7	2.8
2	437.7	3.8
3	163.8	6.0

## Inter Assay Precision

Three serum samples treated with Dissociation Reagent and diluted with Assay Buffer were run in duplicates in fourteen assays run over multiple days by three operators. The mean and precision of the calculated estrone-3-sulfate (E1S) concentrations were:

Sample	E1S Conc. (pg/mL)	%CV
1	1,025.4	8.1
2	459.9	9.4
3	158.0	8.1

## SAMPLE VALUES

Five equine serum samples were tested in the assay at dilutions that ranged from 1:100 to 1:400 (1:2 with Dissociation Reagent followed by 1:50-1:200 with Assay Buffer). Adjusted neat concentrations of estrone-3-sulfate (E1S) in the serum ranged from 9.6 to 3,620 ng/mL.

## CROSS REACTIVITY

The following cross reactants were tested in the assay and calculated at the 50% binding point.

Steroid	Cross Reactivity (%)
Estrone-3-sulfate	100%
Estrone	267%
Estrone-3-glucuronide	200%
17 $\beta$ -Estradiol	11.7%
Estradiol-3-Glucuronide	5.7%
Estradiol-3-Sulfate	5.0%
Estradiol-17-Sulfate	0.2%
Progesterone	< 0.2%
Estriol	< 0.2%
Cortisol	< 0.2%
Testosterone	< 0.2%
Pregnandiol	< 0.2%

## LIMITED WARRANTY

Arbor Assays warrants that at the time of shipment this product is free from defects in materials and workmanship. This warranty is in lieu of any other warranty expressed or implied, including but not limited to, any implied warranty of merchantability or fitness for a particular purpose.

We must be notified of any breach of this warranty within 48 hours of receipt of the product. No claim shall be honored if we are not notified within this time period, or if the product has been stored in any way other than outlined in this publication. The sole and exclusive remedy of the customer for any liability based upon this warranty is limited to the replacement of the product, or refund of the invoice price of the goods.

## CONTACT INFORMATION

For details concerning this kit or to order any of our products please contact us:

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## OFFICIAL SUPPLIER TO ISWE

Arbor Assays and the International Society of Wildlife Endocrinology (ISWE) signed an exclusive agreement for Arbor Assays to supply ISWE members with ELISA kits for wildlife conservation research.

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K038-H1/H5